



Volume 5 2015

N8WWJ/ KD8KDA Editors

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President:
Larry Solak WD8MPV

Vice President:
Dave Cluggish N8IIQ

Sec'y/Treas:
Joanne Solak KJ30/8

Radio Officer:
Mike Ryan KB8TUY

Trustees

Jeannine Hawes KD8KDA
Vivian De Simio KB8CLH
Dave Felber N8WWJ

PARC Repeaters

145.390 MHz
442.875 MHz
Ravenna, Ohio

Web site:
<http://portagearc.org>

P.A.R.C. Net

ARES© Net Sunday
145.390 MHz 8:30 p.m.



Happy Fall. The leaves are falling and colors are turning on the trees. Temperatures are cooling down and winter is just around the corner. Before we know it the snow will be flying. **Remember to "Fall" your clocks back one hour on November 2nd.**

This is the final newsletter for the year of 2015 and the following is what is planned through the end of the year.

Don't forget that next months *meeting for November is on Tuesday the 24th at 7:00pm at Maplewood* since Thanksgiving is on the 26th. The *Christmas party* for this year in lieu of the December meeting is on *Saturday December 12th 7:00 pm at Shalersville town hall*, as with every year please bring a desert for the dinner. Elections are also due in the coming months.

Contributions to the newsletter or monthly meeting programs are encouraged. If you have any contributions contact Dave Cluggish N8IIQ for meeting programs and Dave Felber N8WWJ for newsletter contributions or email kd8kda@gmail.com.



Secretary's Corner

What a crazy weather pattern. Is it late Summer , Early Fall? Just have to wait and see. Been a rough year for the vegetable farmers. The seasons have not been very friendly this year. But everything has its time and we will soon be getting ready for the Holiday Season. Speaking of the Holiday Season , The Portage Amateur Radio Club will hold its annual Christmas Party December 12th 2015. The location is the usual Shalersville Town Hall. The dinner will be catered by Guidos. The day of the week is Saturday. Mark your calendar and save that December Saturday to celebrate the Holiday Season. More details later.

First I will start off with the fact that the Portage Hamfair was another success. We stayed in the black. But there are changes coming. Big Changes. Attend the October club meeting to find out what the Officers have been working on.

On with the minutes of the last two meetings.

The August meeting of the Portage Amateur Radio Club was held August 26th at the English Pub in Ravenna. The meeting was called to order by President , Larry Solak, WD8MPV, at 7:45 PM following a quick dinner by those 14 members attending.

Following the Pledge of allegiance and general announcements the reading of the minutes of the previous meeting were approved as read and the Treasurers report approved as submitted. Followed was the Committee reports with Mike Ryan, KB8TUY, Radio Officer reporting the repeater is working very good at this time and worked really great for the Hamfair check-ins. A work party will be scheduled in the near future to raise the antenna just a bit more. Hamfair report reports another successful hamfair the vendors reported they did good this year and want on the return list for 2016 Portage Hamfair. The books show us in the black and that's a good thing. Next we discussed next years Hamfair plans with some big changes coming. We also decided to have a membership drive in the Spring, with many new hams requesting info about our club recently we decided to go for a membership drive. Anyone having any information about our Club from the past is asked that you contact Joanne KJ3O. Could be newsletters, newspaper articles about the club, Hamfair fliers and event articles and photos. Mike Ryan, KB8TUY, invited members of the PARC to join him and his wife Mary Jo for our annual club picnic held along with their Ravenna Balloon-a-fair picnic at their QTH. We gratefully accepted their offer. The PARC group will be providing help with communications for the Grand Balloon-a-fair Parade Sept 19th with the picnic to follow. The weekly Sunday nite net list of net control was listed and the meeting adjourned at 9:00PM.





Secretary's Corner cont'

The September 23 2015 meeting of the Portage Amateur Radio Club was held at the Maplewood Career Center Rt 88 Ravenna Ohio, The meeting was called to order at 7:05 PM by President, Larry Solak, WD8MPV. With absence of a flag there was no pledge of Allegiance. Following the general announcements, the reading of the previous club meeting was approved as read and the Treasurers report was approved as submitted. The membership thanked Mike, KB8TUY and Mary Jo for their hospitality during the club picnic at their QTH. It was reported by Dave Cluggish, N8IIQ, the Balloon-a-fair Parade went really good and the Club Members help with the communications was greatly appreciated. The Announcer for the parade gave our Club a big ovation for a job we do every year with the committee. The Tech Committee reported a problem with the repeater, Radio Officer, Mike Ryan, KB8TUY, is to go down to the site and check it out and if possible fix the problem. Dave DeSimio, WA8GCF, made a motion that if the repeater problem warrants parts to repair it we spend up to \$250 for the repair. Steve Georges, N8XIB, 2nd the motion. The motion carried. For our program Dave Cluggish, N8IIQ, had a video of the 2015 Portage Hamfair featuring Bob Charles, from the Sunday Oldies Jukebox FM 88.9. Bob has been attending our Portage Hamfair event for several years broadcasting from our event at the Fairgrounds. The video will be one to remember. We then moved on to the important decision about our Portage Hamfair. The Fairgrounds has advised us that they will be making new rules for those who lease the grounds for an event starting with we will have to pay \$200 a day for set up plus the cost of garbage removal, electric, and the buildings themselves. We have to decide what we should do. It was advised for me to check into Maplewood to see if we could hold our event there. Dave Felber, N8WWJ, made a motion we request the date of July 31st 2016 for the event. Dave DeSimio, WA8GCF, 2nd the motion. The Motion carried. KJ3O will report on the motion at the October Club meeting. We concluded the meeting with the net control list by Larry WD8MPV. The meeting was adjourned at 9:45 PM.

Well that's it for this time around, Make sure you mark your calendar for December 12th 2015 for our annual Christmas Party. See you at the next meeting of the Portage Amateur Radio Club October 28th.

Also I want to remind you that our November Club meeting will be on TUESDAY November 24th. This date because Thanksgiving is that week,
Best 73, Joanne, KJ3O



Coconut Oil

Coconut oil has been getting a lot of attention lately so I thought it would be a good topic to speak on. Just search the internet for coconut oil and you will find all sorts of uses and benefits. I have been using it for quite some time so I will speak on my personal uses and types I buy. You will get the most health benefits from unrefined coconut oil but if you don't like coconut then refined would be best for you. I use both unrefined expeller or cold pressed types and refined depending on what I am using it for. I purchase from Mountain Rose Herbs, Viva Labs on Amazon and recently I decided to give Better Body Foods from Sam's Club a try. All seem to be of high quality.

Unrefined is made from the first pressing of the raw fresh coconut. It is mechanically pressed and usually without chemicals. There should be a mild scent and coconut flavor.

Refined is made from dry coconut and usually is bleached and deodorized. It has very little if any odor or taste. It's not quite as good as unrefined however it does retain the medium chain fatty acids and is very close nutritionally. Refined can withstand higher heat before reaching its smoke point making it better for cooking and especially frying.

I will break my usage out into 2 parts, refined and unrefined.

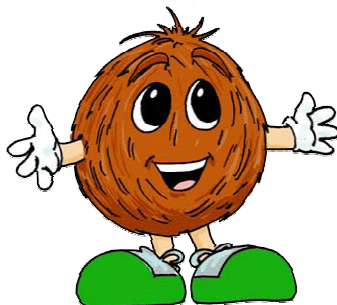
Unrefined:

Mouthwash, sometimes as a butter substitute on toast, in smoothies, making rice or noodles, for the kitties once a week or just plain eating a glob full.

Refined:

Shortening substitute, lotion, body wash, lotion bars, face moisturizer, lip balm, hair moisturizer and bug off bars.

There are so many uses out there and some are pretty farfetched so use caution. Personally I have extremely dry hair and skin so my body sucks it up but yours may not. I also love coconut so I like the flavor it adds to toast and other edibles. If you decide to give coconut oil a try it's best to research what your uses may be and what type is best for you.



The Portage Amateur Radio Club, Inc.
meets the 4th Wednesday of each month at 7:00 PM
Maplewood Career Center - 7075 State Route 88 - Ravenna, Ohio

Guests are always welcome

For more information contact: Joanne or Larry Solak at: 1-330-274-8240

PARC Repeaters: 145.390 MHZ 442.875 MHZ Located in Ravenna, Ohio

HAMFAIR[®] '16 - July 31, 2016

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Through Amateur Radio**

